

Virginia TaekwonDo Academy

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4
		4:15 CUBS 5:00 JR BLUE-RED 6:00 JR WHITE/YELLOW 7:00 ADULT MIXED	6:00 JR GREEN 7:00 ADULT RED/BLACK 8:00 ADULT WHITE-SR BRN	5:00 JR BLACK BELTS	9:30 JR WHITE/ YELLOW 10:30 JR GREEN-RED 11:30 ADULT MIXED/JR BLACK BELTS
6	7	8	9	10	11
4:15 CUBS 5:00 JR WHITE/YELLOW 6:00 JR BLUE-RED	5:00 JR GREEN 6:00 JR BLACK BELTS 7:00 ADULT WHITE-SR BRN 8:00 ADULT RED/BLACK	4:15 CUBS 5:00 JR BLUE-RED 6:00 JR WHITE/YELLOW 7:00 ADULT MIXED	6:00 JR GREEN 7:00 ADULT RED/BLACK 8:00 ADULT WHITE-SR BRN	5:00 JR BLACK BELTS	9:30 JR WHITE/ YELLOW 10:30 JR GREEN-RED 11:30 ADULT MIXED/JR BLACK BELTS
13	14	15	16	17	18
4:15 CUBS 5:00 JR WHITE/YELLOW 6:00 JR BLUE-RED	5:00 JR GREEN 6:00 JR BLACK BELTS 7:00 ADULT WHITE-SR BRN 8:00 ADULT RED/BLACK	4:15 CUBS 5:00 JR BLUE-RED 6:00 JR WHITE/YELLOW 7:00 ADULT MIXED	TESTING 6:00 JIU-JITSU TESTING AT THE ACADEMY	TESTING 6:00 White & Yellow Belt Testing at the Academy 6:30 Instructor	TESTING 0900 Green/Blue 10:30 Brown/Red 12:00 L3 Red/Black
20	21	22	23	24	25
6:00 Instructor Meeting	CLOSED	5:00 Instructor Testing 6:00 Tune Up 6:30 Alternate Testing	AWARDS CEREMONY 5:30 JR. WHITE-YELLOW 6:00 GRN & BLUE 6:30 BROWN-BLACK 7:30 ALL ADULTS	0500 -Black Belts 0530 -Brown/Red Belts 600 - Green/Blue Belts 630 - Sparring Clinic 630 - Yellow Belts	0900 INSTRUCTOR TRAINING
27	28	29	30	31	
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MAY 2019