

Virginia TaeKwonDo Academy

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5
	5:30 BEGINNER JIU-JITSU 6:30 ADV JR JIU-JITSU 7:30 ADULT JIU-JITSU	4:15 CUBS 5:00 BLUE-RED BELTS 5:45 WHITE/YELLOW 6:30 GREEN BELTS 7:15 ADULT/JR BLACK	5:30 ADV JR JIU-JITSU 6:30 BEGINNER JIU-JITSU 7:30 ADULT JIU-JITSU	5:00 GREEN BELTS 5:45 BLUE-RED BELTS 6:30 WHITE/YELLOW 7:15 ADULT/JR BLACK	(COVID Schedule) NO CLASSES – ENJOY YOUR SATURDAY
7	8	9	10	11	12
4:15 CUBS 5:00 JR WHITE/YELLOW 5:45 GREEN BELTS 6:30 BLUE-RED BELTS 7:15 ADULT/JR BLACK	5:30 BEGINNER JIU-JITSU 6:30 ADV JR JIU-JITSU 7:30 ADULT JIU-JITSU	4:15 CUBS 5:00 BLUE-RED BELTS 5:45 WHITE/YELLOW 6:30 GREEN BELTS 7:15 ADULT/JR BLACK	TESTING 6:00 JIU-JITSU TESTING AT THE ACADEMY	TESTING 5:30 White & Yellow 6:15 Green & Blue 7:30 Brown, Red & Black Belts	(COVID Schedule) NO CLASSES – ENJOY YOUR SATURDAY
14	15	16	17	18	19
5:00 Instructor Testing 6:00 Tune Up 6:30 Alternate Testing	AWARDS CEREMONY 5:30 JR. WHITE-YELLOW 6:00 GRN & BLUE 6:30 BROWN-BLACK 7:00 ALL ADULTS	500pm - Black Belts 530pm - Brown/Red Belts 600pm - Green/Blue Belts 630pm - Sparring Clinic 630pm - Yellow Belts			
21	22	23	24	25	26

DECEMBER 2020